Autism and 'the dyses'



By Catrina Lowri

Who?

Catrina Lowri; experienced SENCO, qualified SEND teacher and founder of Neuroteachers. I am Neurodiverse myself; dyslexic and bipolar.

What?

We will begin with introduction to autism and dyslexia, dyscalculia, dysgraphia and dyspraxia. Discuss how this affects learning and behaviours in the classroom and how the educators can support this.

A Neuroteachers Perspective

This will include:

- -Introduction
- -Your 'child in mind'
- -Autism not a spectrum but a spikey profile
- -Co-occurring conditions
- -The dyses
- -Which ingredient is which?
- -Similarities and difference
- -Adapting your teaching
- -What this means for your child in mind?
- -Q and A

What we will cover today



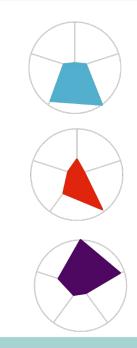
Your 'learner in mind'

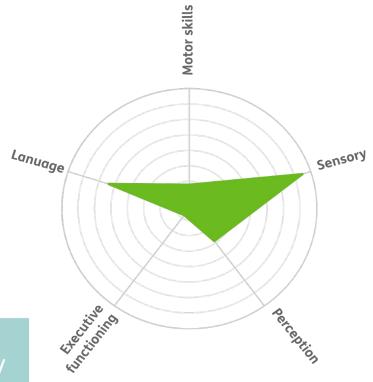


You can't be a little bit autistic









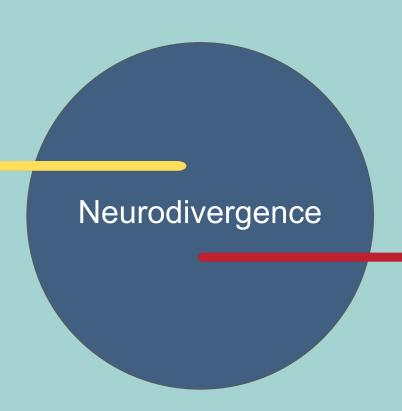
Autism – not a spectrum but a spikey profile

This includes

*All hereditary conditions which cause a difference in neurology

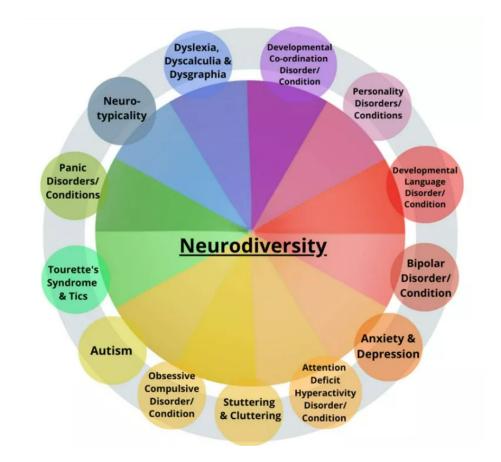
*All hereditary mental health conditions

*All acquired neurological difference such as those caused by injury



Co-occurring Neurodivergent Conditions

These include common conditions such as Autism, ADHD, Dyspraxia (DCD), Dyslexia, Dyscalculia and Developmental Language Disorder (DLD)





Pause for Reflection

What did you know before that you now see in a different light?



REstriction and document (1988s, unapplication) niliber) sepresed ingili branumprovemehilin sabbien sugar bont basses in a titled 8 40warad any on the manual design of the war of ingscompetition, reading angula sty, but morning the conferentiation. Attitude and Asympto ((1987) ovaluated the results of Athen Licenses or 233 respectful High softwal structories and a matched contest group. Straitsant the discussions for the commimunitalization was Roked for time needed so becase words on a printed page, timed reading scores, length of time for sustained reading, and span of to: EHS, as well as other perceptual tasks. Addi: Henally, seven of the 23 experimental found EMBISYMENT, but none of the control group Was employed by the end of the semester:

In contense, Winners (1987) was smalle to finded floreness in this study. Winters give 15 clementery extraod of hillitem flour minutes to locate and circle 680 commples of the letter "b" on three pages, couch page of which continued 600 and onletters in 20 the say

A same parent, grandparent, or holosystems known, some babies are adaptivitie, placid, and regular in their babies, while others are difficult and appendictable. Differences in temperaturent above up from the first day of life; some intents sleep very little, anthers sleep a lot; some refacts are laptily semistrow and cranky, attems are quant and appropriate.

Since meadures have not been exposed to the world for long, evermeated for the world the world can be oblig around for such differences no being exposed. Hather, the differences much be langely a mould of gonetic indicences. Yet there have been have if any, attempts to ordate different limitigual controversents at hints to receive up. Tethering.

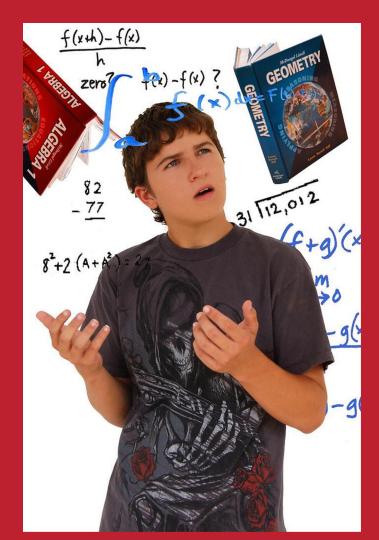
Dyslexia

Dyscalculia

-The condition affects about 5 % of the population and usually co-occurs with other forms of ND

Dyscalculic people have a persistent difficulty understanding number

- -Their working memory and ability to organise or understand key concepts in mathematics.
- This can vary in severity from a total inability to subitise to just being slower to complete tasks





Dysgraphia

them.

- Dysgraphia is a term that refers to trouble with writing. Many experts view dysgraphia as challenges with a set of skills known as transcription. These skills handwriting, typing, and spelling allow us to produce writing. Trouble expressing your thoughts in
- writing isn't formally recognized as part of dysgraphia. That's a learning disability known as written expression disorder.

 But when people struggle with transcription, it can get in the way of thinking about ideas and how to convey
 - For example, people with dysgraphia may write more slowly than others. That can affect how well they express themselves in writing. Plus, they tend to have trouble with spelling because it's hard for them to form letters when they write.



This Photo by Unknown Author is licensed under CC BY-NC



DCD (Dyspraxia)

- Dyspraxics have difficulties with fine and gross motor skills and coordination
- They may have issues with self care as well as writing and typing
- Needs may change over time, for as day to day needs change
- Dyspraxia may concur with a range of conditions

Signs of dyspraxia











CLUMSINESS

POOR BALANCE

POOR POSTURE

POOR HAND-EYE COORDINATION

POOR HANDWRITING



PERCEPTION ISSUES



FATIGUE



SPEECH DIFFICULTIES



DISORGANIZATION



LOW SELF ESTEEM



Hypermobility

Yes I know it's not a 'dys' but hear me out...





Break

Let's have a short break





This Photo by Unknown Author is licensed under CC BY-SA-NC

The Fruit Salad Approach Which ingredients are which?





Reflection

What have you found surprising about 'Autism and the dyses' so far and what more would you like to more about?



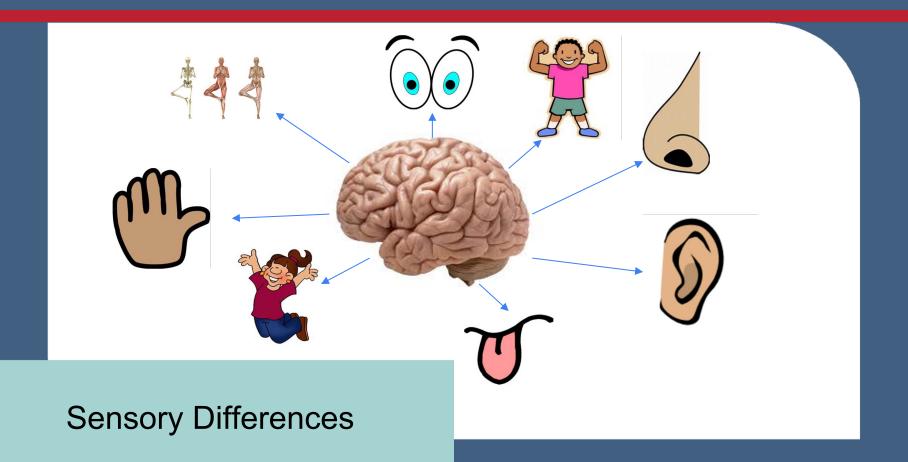
This Photo by Unknown Author is licensed under CC BY

Processing



Supporting ND in your setting-Processing Time







HYPERAROUSAL

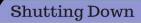
Use mindfulness, grounding, Breath work

Overreactive, unclear thought, Emotionally distressed

Can't calm down

WINDOW OF TOLERANCE The body is in its optimal state, Can access both

The body is in its optimal state, Can access both reason and emotion, Mentally engaged



Depressed, lethargic, numb, unmotivated

Use mindfulness, breath work, physical activity

HYPOAROUSAL



Executive Function

- Organisational skills
- Impulse control
- Task Initiation
- Emotional Control
- Flexible thinking
- Planning and prioritising
- Self-motivation
- Working memory



Social communication and Interaction



*Strategies to support some of the building blocks for social communication

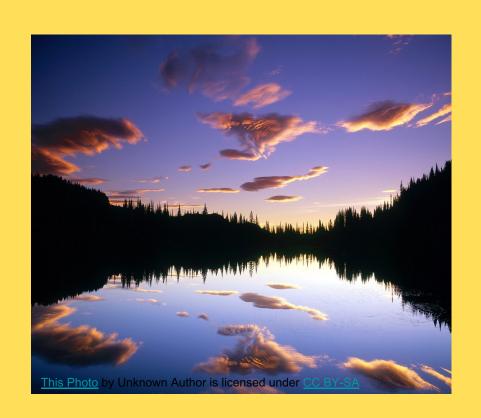
- Joint Attention
- Language
- Perspective



Reflections

 What will you do differently and what do you want more help with?





Lay the table and open the Window

- My blog
- https://neuroteachers.com/post/s imple-solutions-for-classroommanagement/
- 'Routine and predictability lower mental load'





This Photo by Unknown Author is licensed under CC BY-SA-NC

Simple Solutions



Adaptive Teaching Checklist



Strategy	Have you tried this?	How effective was it?
Adjust Rate		
Adjust Volume		
Adjust Complexity		
Staging of Tasks		
Prioritisation		
Change Presentation Format		
Change Evaluation System		
Use of Support or Aids		



Your 'learner in mind'



Questions?





Neuroteachers

www.neuroteachers.com catrina@neuroteachers.com

