Autism – do you know the signs?

Older Adolescents and Adults

Social Interaction and Verbal Communication

Repeating certain words or phrases over and over again ("echolalia")

"echolalia echolalia echolalia echolalia echolalia echolalia echolalia echolalia

Talks excessively about topics of own interest

Takes things literally, struggles with sarcasm and metaphor Does not seek comfort when in pain or distress

Talks 'at' others rather than sharing a two-way conversation



Does not offer comfort to others

Indifferent to, or no interest in, age peers

Approaches others in one sided way or on own terms

> Can be over-formal or over-familiar

Does not respond to greetings and farewells

Emotional responses to others are inappropriate, rude and unsympathetic

Unaware of other's feelings

> Finds making and keeping close friendships difficult



Does not 'share' interests or enjoyment with others Problems with turn-taking or team activities

Makes comments without awareness of social niceties or hierarchies

Does not spontaneously join in or interact with others of same age

Finds it difficult to sustain employment or education

Imagination, ideas and creativity

Imaginary activities not shared with others or else passively follows another's imaginative theme or insists that others follows his/her own themes and rules.



Reduced or no imagination

Reduced creativity, limited or repetitive fantasy world or role play

> Interested only in non-fiction, and not in fictional stories/films

Difficulty with future thinking



Experiences difficulties with problem solving

Finds it difficult to predict intentions of others/ cannot imagine characters intentions in story/film

Limited use of language

Unable to foresee the consequences of own actions on other people



Unable to adjust behaviour to expectations or predicted reactions of others

Gestures and non verbal communication



Lack of spontaneous gesture that expresses emotion (e.g. putting arm around someone)



Reduced or unusual eye contact



Poorly integrated gestures, facial expression, proximity, body language or eye contact when having conversations

Lack of pointing to show objects and share interest

Odd or flat/monotonous tone of voice

Lack of social smile

Narrow range of interests, routines and repetitive behaviours

Displays repetitive behaviours or rituals that negatively affect daily activities

Repetitive 'stereotypical' movements such as hand flapping, body rocking while standing, spinning, finger flicking



Arranges objects in patterns or lines and dislikes these to be disturbed

Self-chosen activities are limited and unchanging

Dislike of change, which can lead to anxiety or aggression



Insists on following own agenda

> Over-focused, unusual or highly specific interests and hobbies

Prefers familiar routines. likes things to be 'just right'

Has strong adherence to rules or fairness that leads to arguments

Sensory responses

Unusual sensory responses to sound sight, touch, taste, smell, movement and/or pain







