

SUPPORT FOR PARENTS AND CARERS

We can provide:

- ASDinfoWales resources
- Post diagnostic information and support and signposting advice
- Support to understand and develop your child's coping strategies, organising and life skills
- Links to training opportunities and support groups
- Support and advice in relation to challenging behaviours

North Wales Integrated Autism Service provides support in partnership with a range of organisations within your community.

Information about you will only be used or passed on to others involved in your support if they need it and with your informed consent.

If you require further information about how we may use your personal information please speak to the team.



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 www.ASDinfoWales.co.uk



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INFORMATION FOR PARENTS AND CARERS OF AUTISTIC INDIVIDUALS



AN INTEGRATED AUTISM SERVICE

The Service

North Wales Integrated Autism Service is jointly hosted between health and social care with strong links to education.

NW IAS offers continuity of support for Autistic individuals through the various transitions in their lives, and helps people achieve the things that are important to them.

Our service is for individuals who do not have moderate to severe mental health or learning disability.

Accessing the Service

- We accept referrals from professionals and self-referrals
- There is a single access point for all referrals via IAS office
- We can help you to make a self-referral

We provide:

- Pre & post diagnostic information and support
- Support to develop and implement programmes to address frustration and challenging behaviour
- Support and advice in relation to sleep difficulties
- Information, advice and training for parents and carers to help develop children's coping strategies and life skills

We do not provide:

- Diagnostic assessment for under 18s
- Urgent/emergency care
- Crisis intervention
- Medication
- Care Plans

SOME OF THE ISSUES WE CAN HELP YOU WITH:

BEHAVIOURS

ANXIETY

LIFE & SOCIAL SKILLS

SLEEP PROBLEMS

COMMUNICATION

**ADULT AUTISM
ASSESSMENT**

**PARENT SUPPORT
PROGRAMMES**