

CAN YOU SEE ME?

Supporting individuals with autism to
access public transport

BE CLEAR



Be clear and concise



Don't use figurative language - idiom and metaphors can be confusing



Don't rely on gesture, eye contact or body language to communicate or direct someone

BE ACCEPTING



Initiate social interaction, if the individual needs help they may not feel confident enough to ask



Keep social chit chat to a minimum. Stick to purposeful conversation



Support with social rules and conventions such as locating a seat

BE PREDICTABLE



Provide a limited number of options rather than free choices



Clearly explain the process for choosing and paying for tickets



Be specific with questions (e.g. "do you want a return ticket?", rather than "what type of ticket do you want?")

BE SENSORY AWARE



Clearly explain the impact of any change to route or timetable



Accept the individual using equipment such as dark glasses or ear defenders



Be aware that strong smells, bright lights and loud noises can cause distress