

How others know this means you have autism

The wristband does not state that you have autism the image and card do. All identification tools have a distinct pattern of A's as below:



We have promoted this pattern and provided information about autism to a range of high street businesses, community organisations and leisure activity providers. They will recognise that someone wearing the band has autism.

You should be aware that the general public may also recognise what the pattern means, and so if you do not want others to know that you have autism should not use it.

CAN YOU SEE ME?

FURTHER INFORMATION

To view the information we have provided to businesses and organisations and more supportive resources visit us at:

www.ASDinfoWales.co.uk

or email:

ASDinfo@WLGA.gov.uk

Information for Adults with Autism

This leaflet explains the 'Can you see me?' scheme for individuals with autism.

Why we have developed this scheme

Many adults on the autism spectrum have told us that they find it difficult to access high street businesses and community activities, and often staff in these services do not understand their needs.

It was suggested that we create a way in which adults can let others know that they have autism, and link this to our work to raise awareness of autism.

We weren't sure whether this would be acceptable to adults, so we conducted a survey, the results showed us that this approach would be welcomed by the majority of adults with autism.

How you can let others know you have autism

We have provided you with 3 options, you can choose to use none, either or all of these:

- a wristband
- a plastic card
- an image for your mobile

This scheme is not compulsory; you do not have to use the identification tools. If you do not want others to know you have autism you should not use them.

How you will know if an organisation is part of the scheme

Businesses and organisations will display a window sticker with the same pattern to let you know they are autism aware.

What the scheme provides

The scheme involves raising awareness of autism amongst a range of organisations and allows individuals to identify that they are on the spectrum to others.

It does not provide any cost reductions or other benefits.

Costs

The scheme has been funded by the Welsh Government and is therefore provided free of charge to you.

